Age Friendly Ridgewood



Decluttering & Downsizing

Mon, Apr 19, 7-8pm Organize for a big move or

spring cleaning with Carrie Johnson, owner of Smooth Transitions of Bergen County.

Property Tax Relief: What To Do ... and When Wed, May 12, 7-8:30pm Learn about property tax relief available for New Jersey's older adults. With Sheila

Elder Law

Brogan, ACSW, LSW

Wed, May 19, 7-8pm Organize legal & financial affairs with Irina Shea, accredited estate planner and elder law attorney. Questions? 201-670-5600 x 130;

ask@ridgewoodlibrary.org



Great Decisions Foreign Policy Association (FPA) Discussion Group Thursdays, 12:30-2pm

We read expert briefings, watch 30-min documentaries and have discussions.

Mar 25: Persian Gulf Security Issues Apr 22: Brexit & the European Union May 27: Struggles Over Melting Arctic

Questions? Victoria: VHilditch@ridgewoodlibrary.org



Use your smartphone, tablet or our new hands-free kiosk at the Circulation desk to check out materials.

www.ridgewoodlibrary.org **Library Hours***

Mon-Thurs 9am-9pm 9am-6pm Friday 9am-5pm Saturday Sunday 1pm-5pm

*Please check website or call for updates on our hours and services.

125 N. Maple Ave, Ridgewood, NJ 07450

May we help you? 201-670-5600

Circulation x100 Youth x110 Adult Services x130 ESL x133 Technology x130 Admin x120

Library Director: Nancy Greene NGreene@ridgewoodlibrary.org



Follow us on Social Media

@ridgewoodlibrary @ridgewoodlibrary_youthservices @ridgewoodlibrarynj



Subscribe to our channels: ESL; Sustainability Series; **Youth Services**

Valley Healthy Community

Please register at 800-825-5391 or online at valleyhealth.com/events. All programs virtual.



Tues, Mar 2, 10:30-11:30am: **COVID-19 and Supplements** Which supplements reduce COVID-19 severity or improve immune response?

Barbara Abboud, RPh, pharmacist

Thurs, Apr 29, 7-8pm: **OMT for Overall Health**

Osteopathic manipulative treatment is a hands-on technique to help relieve pain. Jack Annunziato, DO, physiatrist



Homespun Handcrafts @ Home Tissue Paper Flowers

Zoom meeting Wed, Mar 17, 7pm **Painted Terra Cotta Pots**

Zoom meeting Wed, Apr 21, 7pm **Folded Book Art**

Zoom meeting Wed, May 19, 7pm

Questions? EGaidimas@ridgewoodlibrary.org

Compete & test your pop culture knowledge using Zoom & Kahoot.

Pub Trivia @ 7pm

Mon, March 22 **Netflix Originals**

Mon, Apr 19 Forrest Gump (movie)

Mon, May 17 The Mandalorian (TV)

Questions? pubtrivia@ ridgewoodlibrary.org



Women & Finance

Thurs, Apr 22, 7pm

Led by Kathleen Entwistle, CFP®, CDFA®, Morgan Stanley Questions? Jin: JLee@ridgewoodlibrary.org or

Please join us in thanking our generous FOL Newsletter Sponsors





JANIS FUHRMAN, GRI, CRS 76 W. Ridgewood Ave., Ridgewood, NJ 07450 Office: 201-445-4554 ext. 88; Cell: 201-694-0869



Medical

Friends of the Library Museum Pass Program



- **Brooklyn Botanic Garden** ♦ Jackson Pollock's Mural at the
- Guggenheim ♦ Large-scale sculptures under

We invite you to check out a museum pass this Spring.



Reservations: RidgewoodLibrary.org

Ridgewood, ostal Patron 0745

Non-profit organization U.S. Postage Paid Paramus, NJ Permit No. 167

201-670-5600 ext. 125

- ♦ Plants in bloom at the
- the open sky at **Storm King**

*Please check website for closings & timed entries for each of the 9 museums.



Questions: 201-670-5600, x130

The Friends of the Ridgewood Library

Creating Good Habits with certified coach Diane Weller. Two Thursdays 1pm Mar 25 Turn Bad Habits into Good Habits May 20 Making Habits Stick

Questions? ask@ridgewoodlibrary.org



March, April & May 2021 News

Brought to you by

The Friends of the Ridgewood Library

Details at: RidgewoodLibrary.org

Deer-resistant Planting with Lourdes Osorio

Founder, Native Plant Channel Thurs, Mar 10, 7pm

Questions? LBrookes@ridgewoodlibrary.org

b sustainability

series @ rpl

Extending the Gardening Season

Sustainable Lawn & Garden Care

Geothermal Energy Demystified

with landscape designer Elaine Silverstein

w/ Expert consultants, scientist & homeowner

SustainableRidgewood.org

Lectures & Concerts

Garden with a Landscape Designer

Arnie Friedman, Bergen Cty Master Gardener

NY Botanical Garden instructor shows how to

Explore Versailles, Chateau de Villandry and more

Learning Ludwig Thurs, Apr 1, 7pm

We'll celebrate his 250th birthday.

The White Wedding Band plays

Author Julia Zarankin's memoir,

tells of her migration from Type A

May 11, 7:30pm Cohosted by

Bergen County Audubon Society

nature-avoider to bona fide "bird nerd."

Sunday Concert Apr 18, 2pm

Sinatra and jazz classics.

Beethoven is famed for his 5th Symphony,

Moonlight Sonata, Fur Elise, and opera Fidelio.

Field Notes From an Unintentional Birder

arrange plantings as if to paint a landscape.

Thurs, Apr 22, 7pm Gardens of Europe

Sort Your Photos Thurs, May 13, 1pm

in a live "mini-decluttering" session.

Jamie Novak, author/humorist/organizer, shares

3 steps to organize your photos before summer,

Thurs, Mar 11, 7pm Artistic Groupings

Learn more with our Library partner:

Wed, Mar 31, 2pm

Wed, May 5, 7pm

Wed, Apr 21, 7pm

with suburban farmer Erin Micklethwaite

At present, all programs are virtual.

MADELINE MILLER

in conversation with

The Friends of the Ridgewood Library

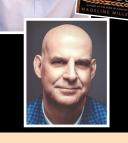
Virtual Author Luncheon

featuring

HARLAN COBEN

Wednesday, April 14, 2021 1pm

All are invited Tickets on sale early March at RidgewoodLibrary.org



Dear Neighbors.

Thank you for all your donations to our annual fundraisers:

Townwide Appeal: Dedicated to building strong 2021 Ridgewood Library services for all, including:

- Popular performers, lectures, concerts, art events
- Reel Voices documentary film festival
- ESL tutor training, Kanopy films, Museum Passes
- This **Townwide Newsletter**, to reach everyone

February Reading Marathon: Encourages students to read and raises money for new children's books.

Author Luncheon: Madeline Miller, bestselling author of Circe and Song of Achilles, and Ridgewood's own Harlan Coben, join us Wed, April 14.

Donations to Friends of the Ridgewood Library are gratefully received at the Library or online at www.ridgewoodlibrary.org/friends Volunteers are needed; please contact 201-786-8094 or email <u>friends@ridgewoodlibrary.org</u> for more information.

Building Mental Wellness

Balance your Body, Improve your Mind as Jason Mazar-Kelly leads us live from Martha's Vineyard Three Fridays, 10-11am: Mar 12 & 26; Apr 9



Meditation for Stress Relief with Tracy Flaherty Fri, Mar 19, 11am

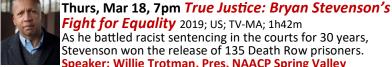
Getting it Done When You're Depressed: 50 Strategies with author Julie A. Fast: Tues, Mar 30, 1pm



Our Mental Wellness series is generously funded by The Network for the National Library of Medicine Library Questions? Kerri: KWallace@ridgewoodlibrary.org



18th Annual Reel Voices Film Festival



Fight for Equality 2019; US; TV-MA; 1h42m As he battled racist sentencing in the courts for 30 years, Stevenson won the release of 135 Death Row prisoners. Speaker: Willie Trotman, Pres, NAACP Spring Valley

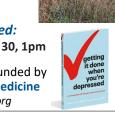
Wed, Apr 7, 7pm Food Coop 2016; US; NR; 1h38m Inside look at the Park Slope Food Coop. **Speaker: Director Tom Boothe**

Tues, May 11, 7pm Linda Ronstadt: The Sound of My Voice 2019; US; PG-13; 1h35m

Life story of the 1970s Queen of Country Rock who sang Mexican cantinas, You're No Good, Blue Bayou, and American standards. No speaker

Questions? Roberta: RPanjwani@ridgewoodlibrary.org





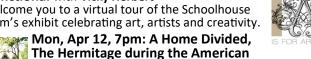
The Bolger Heritage Center

Ridgewood COVID-19 Stories How has the pandemic affected your life? We are documenting this time with your photos & experiences. Contact Sarah Kiefer to participate: HeritageCenter@ridgewoodlibrary.org or x 135.

Bolger Heritage Center Virtual Events (Registration required) Wed. Mar 24. 7:30pm: Stitches in Time with Peggy Norris We explore guilts from 1800-1976, with a special look at those made in Bergen County. Cosponsor: Schoolhouse Museum.

Thurs, Apr 1, 7pm: Art, From the Decorative to the Functional with Vicky Herbert

We welcome you to a virtual tour of the Schoolhouse Museum's exhibit celebrating art, artists and creativity.



Civil War with Victoria Harty We explore the varied experiences of a local NJ family during an era that defined a nation.

Mon. May 17. 7pm: 19th Century Photographs with Anthony **Cavo** of the Schoolhouse Museum

Genealogical Society of Bergen County Virtual Events (Registration required) Mon, Mar 8, 2pm: "Picturing" Your Research

Part II with Michelle Novak Finding, procuring and preserving family images.

Sat. Mar 20, 9:30am-4pm: Blaine Bettinger DNA Seminar Learning all things DNA for your genealogy research.

Mon, Mar 22, 7pm What is Social History & Why Should a Genealogist Care? with Annette Burke

Mon, Apr 5, 2pm; Mon, Apr 26, 7pm: TBD

Questions? Sarah Kiefer: HeritageCenter@ridgewoodlibrary.org or ext. 135

Habernickel Technology Training Center

Below is a brief overview of our upcoming tech classes.

• Basics classes to help you get (re)acquainted with important services like Microsoft Word & Excel

- Excel Intermediate
- Classes on the Library's digital materials
- Getting to really know your iPhone
- And a perennial favorite: Cut That Cable

The library is also now offering Northstar Certifications. Dates & details can be found on the events page: ridgewoodlibrary.org. Questions? ask@ridgewoodlibrary.org or ext. 130

WiFi hotspots are available to borrow thanks to a grant Wifi from Network for the National Library of Medicine. Call 201-670-5600, ext. 100 or visit RidgewoodLibrary.org

Book Groups

Book Circle Wed, 7-8:30pm, Lorri Steinbacher

Mar 9 (Tues) Kathleen Rooney Cher Ami and Major Whittlesey

Apr 14 Christina Baker Kline A Piece of the World May 11 (Tues) N. Kristof & S. WuDunn *Tightrope*

Cover 2 Cover Thurs 11am-noon. Kerri Wallace John Bovne A Ladder to the Skv

Apr 1 Stephanie Dray & Laura Kamoie America's First Daughter

Shilpi Somaya Gowda Secret Daughter **Crafted Crimes Wed 7-8:30pm,** Kerri Wallace Mar 24, Apr 28 & May 26 Check website for books

Reader's Choice Fri 2-3:30pm

Marilynne Robinson *Gilead*

Midnight's Children Apr 16 Salman Rushdie

The Day of the Locust May 21 Nathanael West

Cookbook Club Wed 7-8:30pm, Lisa Trent Register: LTrent@ridgewoodlibrary.org

Live Life Deliciously Mar 17 Tara Teaspoon Apr 21 Yotam Ottolenghi Ottolenahi Simple

May 19 Christopher Kimball Milk Street: Cookish

History Book Group Email edmo@yahoo.com for topics & registration Book Club Questions? Lorri: LSteinbacher@ridgewoodlibrary.org or ext. 122



Registration & fee info on website

ESL Classes:

Everyday English

Essentials of reading, writing, speaking and listening. Advanced beginner/ low intermediate

Tues & Thurs, 9:30-11am Mar 16-May 13 (No class 3/30 & 4/1)

Cultural English

Explore creative expression through literature, film & more. Intermediate/advanced Wed, 7-8:30pm Mar 17-May 12 (No class 3/31)

Class auestions? Victoria Schnure /Schnure@ridgewoodlibrary.org



Follow our ESL YouTube channel

Be Prepared Series Learn NJ-specific laws

ESL Book Group

Tues. 1-2:15pm

American Slang

All levels welcome.

Wed, 1:30-2:30pm

conversation.

Intermediate/advanced

Mar 16-May 11 (No class 3/30)

Have a blast and get hooked on

with Ridgewood Police & Fire chiefs. Wed, Mar 24 11am-12:30pm



ESL Program Info: Victoria Hilditch, ESL Coordinator VHilditch@ridgewoodlibrary.org or 201-670-5600, x133

Multicultural Services & World Language

World language books are available at the library and and **Hoopla**. Hoopla also offers eAudiobooks, music, movies, and even language-learning tools in several languages. Watch movies and instructional language videos on Kanopy. Questions? Larissa. LBrookes@ridgewoodlibrary.org

eMagazine Virtual Tour/Q&A Wed, Mar 3, April 7, 10am online through Libby/Overdrive Sat, Mar 13, April 17, 10am Start reading eMagazines in https://www. Chinese, French, Italian, Japanese, Russian and more.





More info: ridgewoodlibrary.org/multicultural

Job Readiness Workshop

With Women's Rights Information Center Returning to work or sharpening your skills? We're here to help. Attend one session or all. Wednesdays, 11am-12pm

Mar 24: Transferable Skills & Hireability <u>></u> Mar 31: Technology, Resumes & Interviews Apr 7: Negotiations

Questions? RPanjwani@ridgewoodlibrary.org

On Book: Poetry Edition



SALMAN

RUSHDIE

MIDNIGHT

Sun, Apr 18, 3-4pm Artistic Director Diane Sims & actors host an afternoon of readings & discussion on Coping in the Time of Quarantine through the Lens of Poetry. Questions? Roberta: RPanjwani@ridgewoodlibrary.org

Databases

Questions? ask@ridgewoodlibrary.org, 201-670-5600, ext. 130











Mar 4, Apr 8, May 6

Children's

Programs on Zoom

Storytimes, 10:30am

Registration required

Mon: Baby & Me

Reg now open

Reg opens Mar 17

(Pre-Readers-Gr. 5)

4-5pm, 15 min. appt.

Mar 1, Apr 5, May 3

Mar 9, Apr 13, May 11

Read to a Dog

Tues & Thurs,

Book Clubs

Tues: Toddler Time

Wed: Tales for Tykes

Fri: PreK Story & Craft

Session 2: Feb 22-Mar 26

Session 3: Apr 12-May 14

1st Grade Mon, 4-4:30pm

2nd Grade Tues, 4-4:45pm

3rd Grade Thurs, 4-4:45pm

4th & 5th Grades w/Parent

Bookworms Tues, 7:30-8:30pm

Creative Writing with Ms. Rosa

Exploring Ancient Egypt (Ages 4-7)

Junior Book Circle

Mar 18, Apr 15, May 20

Mar 9, Apr 13, May 11

(Gr. 4-5), Wed, 4-5pm

Apr 14: Flash poetry

Mar 10: Myths & fairy tales

May 12: Library adventures

Thurs, Apr 29, 4-4:45pm

We learn about Ancient

Egyptian myths with our

Musical Munchkins

Sat, Apr 17, 10:30am

Virtual Reading Pals

Mon & Wed, 4-5pm

(Ages 18mo-6)

Club.

friends from World Explorers

Sat, Mar 6, 27; Apr 3, 24, 10:30am

Combine laughter and breathing to

Readers & pre-readers can read stories

Virtual Homework Help (Gr. 3-9)

RHS volunteers. Runs through May 20.

Tues & Thurs, 4-5pm, 1-hr appt.

Ridgewood students get 1-to-1

homework assistance from top

Read with Me (PreK-Age 7)

pickup before event date. Program

May 6, 12, 19, 25, 2-2:30pm

hosted through Google Meet.

RHS teens plan and lead

Programs on

Laughter Yoga (PreK-Age 7)

stimulate the mind and body.

1-to-1 with teen volunteers.

Sing and dance along with Ms. Joanne.

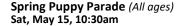
Programs on Facebook Live (cont.)

Miss Jolie Music Mar 18, Apr 1, May 13 **Marlene Pillow** Mar 25, Apr 15, May 20 **Virtual Visit with Auntie Claudia** Mar 11, Apr 22, May 6, 27

Bedtime Stories (All Ages) Wed, Mar 10, Apr 14, May 12, 7pm Ms. Ashley & Ms. Theresa read you the

perfect stories to help you sleep. **Saturday Morning Storytime** (All ages) 10:30am

Irish Celebration (All ages) Sat, Mar 13, 10:30am See children's website and brochure for details.



Therapy dogs-in-training will be on parade on our library's lawn. Stop by for belly rubs or tune in on Facebook Live to meet the pups.

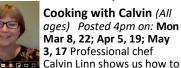
Available on Children's Website You can subscribe to our YouTube

channel and never miss a storytime.

March Madness Book Brackets Mar 1-26 (All ages)

Visit our website to vote for your favorite books. See children's website for details. Winners announced Mar 27.

New Storytimes Posted Mon, Wed & Fri at 3pm



prepare delicious recipes.

Creative Kids with Marcia Matthews (All ages) Tues, Mar 2, Apr 6, May 4

Let's learn about famous artists through history and create our own masterpieces at home.

Little Scientists (Ages 3-7) Posted at 4pm on: Mon, Mar 8, Apr 12, May 10 Can you capture a rain

cloud in a jar? Ms. Victoria shows you how with science experiments you can do at home.

Available for Pickup at the Library

Monthly Craft in a Bag (All Ages) Everything you need to create a cool craft from home. Available while supplies last. storytime. Craft materials available for

Librarian's Choice Kits (Birth-Gr. 5) Includes three age-appropriate books, coloring sheets and a sticker. Request, indicating your child's age, at: childrensdept@ridgewoodlibrary.org.

Children's Movie Binge Bags (All Ages) You can plan your next family movie night with our Binge Bags. Includes three themed kid-friendly movies.

Young Adults (Grades 6-12)

Programs on Zoom Registration required



Free - Virtual Homework & Math Center Gr. 3-9 Tues & Thurs, 4-5pm (except holidays) RW kids register for coaching with a top RHS student. LAST DAY May 20.

Teen Creative Writing *Gr. 6-12* **Mon, 7-8pm** Master the art of making things up with Ms. Caitlin. Mar 8 Speak Your Story, Apr 5 Poetry in the Wild, May 3 I'm the Bad Guy.

Stress Management Workshops Gr. 6-12 Mon, 7-8pm Presented by Jeanne Marron, Ph.D., clinical specialist & community educator at West Bergen Mental Healthcare. Mar 15 Movement Oriented Coping Apr 12 Relaxation Techniques, Sensory Based & Mindfulness Practices.

Teen Tech Club @home Gr. 6-12 Wed, 4-5pm

Mr. Charles presents weekly STEAM classes to expand your mind. Apr 7, 14, 21 & 28: TBA, May 5, 12, 19 & 26: TBA

Procreativity with Charlotte Gr. 6-12 Wed, 4-5pm Learn the basics of Procreate in a 3-part workshop w/ teen volunteer Charlotte. Mar 10 The Basics, Mar. 17 Fantasy Drawings, Mar. 24 Illustrations

Create the Perfect Resume Gr. 10-12 Thurs, Apr 15, 4-5pm If you've never had a resume, or if you'd like to polish one you already have, this workshop will help you look your best. Share your final draft with Ms. Brookes for feedback & tips specifically for you.



Art Class with Ms. Julia Gr. 6-12 Fri, Mar 19, Apr 16 & May 21, 4-5pm We'll watch an episode of Bob Ross's The Joy of Painting. Then create happy trees together. Registration required to reserve supplies.

Teen Games Day Gr. 6-12 Fri, 4-5pm Challenge librarians to these online games. Mar 5 & Apr 30 Mario Kart Tournament, Mar 26 Jackbox. May 28 Among Us

Find us on Facebook Live



All Booked Gr. 6-12 Wed, 1pm RPL librarians chat about their current reads. Mar 3 Award Winners, Apr 7 Celebrate National Library Week, May 5 Mental Health Awareness month with special guest Dr. Marron to discuss The Perks of Being a Wallflower by Stephen Chbosky among other current reads.

Available on RPL Website: Teens

Cooking with Calvin All ages Mon, 4pm, Mar 8 & 22, Apr 5 & 19, May 3 & 17 Prepare tasty meals & desserts with professional chef Calvin.

YA Character DIY Gr. 6-12 Tues, 4pm, Mar 2, Apr 6,

May 4 Ms. Rosa shows how to create a prop or accessory pertaining to a YA character, then watch the whole look come together!



YA Read-Along Gr. 9-12 Tues, 4pm, Mar 9 & 23 Wicked Saints by Emily A. Duncan, Apr 13 & 27 Ruthless Gods by Emily A. Duncan, May 11 & 25 Six of Crows by Leigh Bardugo. Read or re-read YA favorites before some exciting new releases! Copies of books avail. for pick up month prior. Then tune in for Ms. Rosa's video discussion.

March Madness Brackets Mar 1-26. Teens are welcome to vote in our March Madness! Winners announced on Mar 27. This month, teens will be deciding on the Best YA Book. Stay tuned throughout the month to see who moves up the ranks to be the ultimate winner! 14th Annual Teen Photography Contest Apr 1-30 Theme:



Togetherness. Pick one (1) of the three (3) categories: Family/pet portraits, Black and white, Mixed media. Entry deadline: Fri, Apr 30 (midnight). \$\$\$

Cash Prizes: 3 middle school & 3 high school winners. More info avail. on website Mar 29. Virtual Awards Reception TBA.

Available for Pickup at the Library



The Bored Librarian - DIY Teen Takeout Kits

Gr. 6-12 Fri, 4pm, Mar 5, Apr 9 & May 7 Crafters unite. Stop by library and pick up a DIY Teen Take Out Kit. Then watch Ms. Justin's video tutorial. While supplies last.

Info: teens@ridgewoodlibrary.org